

ACHARACLE MEDICAL PRACTICE
NEWSLETTER
JUNE 2016

NHS Highland took over the running of the Acharacle Medical Practice on 1st September 2012 and directly employ all of the staff in the practice.

The practice is based in purpose-built premises in Acharacle, and also has 2 branch surgeries in Strontian and Kilchoan.

At present we have 1253 patients.

We are a dispensing practice and have one delivery of medications per week, on a Thursday.

Other health care professionals visit the practice to offer their services, and appointments can be made with podiatry, physiotherapy, cardiac nurse and diabetes specialist nurse.

STAFF AT THE PINES

RECEPTION STAFF

MARGARET BLEASDALE

Margaret is our longest serving Receptionist. She has been with Acharacle Medical Practice since 1999 after moving from Lancashire in 1996. Her working career first started in 1969 with a large textile firm in Accrington as a Telex Operator spanning 18 years. After which she was employed as a Word Processor/Typist in the Personnel Dept of MOD Fulwood Army Barracks, Preston for 8 years. Her hobbies are bird watching, butterflies & moths, gardening, hill walking, pyrography & wildlife in general (especially red squirrels!).

FRANCES MACLEAN

Frances joined the Medical Practice in 2015, having previously run her own catering business, been Girl Friday at R&M George, and raised a son and a daughter. She loves singing, gardening and walking with her two setters, Roscoe and Sanna. She has also just taken up knitting, very badly, for her new granddaughter, Rosa.

ELIZABETH SCOTT

Elizabeth started working for the NHS in 2002 at Chesterfield Royal Hospital NHS Foundation Trust in the Maxillofacial Department and then moved on to work in Old Age Psychiatry. She likes knitting, sewing, cooking and reading.

DISPENSARY/RECEPTION STAFF

MORVEN-ANNE MACDONALD

Morven joined the practice in 2013, working in reception and dispensary. She was brought up in the family business the Clanranald, now Mingarry Park. Following that Morven went onto work at M&S Dental care in Fort William as a Dental Nurse. She enjoys travelling around Scotland accompanying Fergie's Ceilidh band playing Keyboard, hill walking, deer hunting and Freeletics training.

SUE MAVIUS

Sue moved to Acharacle in 1998 and unwittingly given a job by Ken the Dentist and Dr B. Works in Reception and Dispensary.

The Practice is at present involved with the Scottish Patient Safety Programme. Sue is delighted to be a part of this which is an innovative 2 year pilot which aims to reduce the number of events which cause avoidable harm from health care delivered in any primary care setting.

PRACTICE NURSE

ALLISON JACKSON

Allison has been our Practice Nurse at Acharacle Medical Practice since 2004 after moving to the area in 2002. She started nursing in 1971 as a Cadet Nurse at the City General Hospital, Carlisle before training as an SRN at the Cumberland Infirmary in Carlisle. She worked as a Staff Nurse on E.N.T., Intensive Care, Accident and Emergency before going into Practice Nursing at Brampton Medical Practice in 1986. Allison has recently taken up painting, as in watercolour not emulsion, may not be very good but does enjoy it."

HEALTHCARE ASSISTANT

JENNIFER MACDONALD

Jennifer joined Acharacle Medical Practice in December 2015, she is the newest member of the team, and works part time. Jennifer was brought up in Strontian. Before joining the medical practice, Jennifer worked at the Ben view hotel, strontian hotel and cafe Sunart.

PRACTICE MANAGER

MOIRA MACLEAN

Moira worked for Parcellforce in Glasgow for 14 Years, as a personnel officer, until she moved back home to Strontian in 2007. She was employed by RBS in Fort William, as a counter clerk before joining Acharacle Medical Practice as a receptionist in December 2008. Moira started working in the dispensary a few years later, before gaining promotion to Practice Manager in October 2014.

GENERAL PRACTITIONERS

ADRIENNE SWAN

Adrienne qualified from Glasgow University in 1994 and has since worked as a GP in Ayrshire and in Highland, as a police surgeon in Gloucestershire and more recently as a hospital doctor in Galloway. In addition, she has also worked for short periods in New Zealand, Peru and Liberia. She is particularly interested in prescribing issues, heart disease, occupational medicine and in palliative care. Out of the surgery she has a Weimeraner called Seabhag, and enjoys travelling to explore different cultures. Adrienne has been with Acharacle since October 2015, and is full time

LOUISE MCADAM

Dr Louise McAdam has worked in Remote and Rural Practice for 20+ years across Mull & Iona, Badenoch & Strathspey, Morven in Ardnamurchan and Lochaber. She lives locally on her croft with her family and has children at Ardnamurchan High School. Louise is enjoying getting back to sailing again. Louise has been with Acharacle medical practice since January 2015, and works part time.

This newsletter will be produced periodically with different topics each time.